

Wilderness Medical Workshop

One-day wilderness first aid training

June 7, 2019 • Klawock, Prince of Wales Island, Alaska

- **LEARN THE BASICS** of first aid skills in remote and outdoor settings, including managing shock, musculoskeletal injuries, wounds, hypothermia, drowning, lightning, and more
- **GAIN ESSENTIAL SKILLS** for preventing, assessing, and managing environmental emergencies
- **BOOST YOUR CONFIDENCE** in outdoor safety and wilderness medicine

Topics:

- Patient Assessment
- Circulatory System
- Respiratory System
- Nervous System
- Musculoskeletal Injuries & Extremities Splinting
- Thermoregulation
- Drowning/Submersion Injury
- Lightning/Electrical Injury
- Medical-Legal Aspects
- Wounds and Burns
- Common Backcountry Medical Problems
- And more

Valuable for: Individuals traveling in frontcountry and backcountry outdoor settings, or remote areas of the world

Format: Lectures, drills, case studies and discussions. Wilderness Medical Associates *Wilderness First Aid Fold-Out Guide* provided.

Verification of Attendance: Card issued signifying verification of attendance, from Wilderness Medical Associates.

Location: Prince of Wales Vocational and Technical Education Center, 6565 Boundary Road, Klawock, Prince of Wales Island, Alaska

Trainer: Jeff Baierlein, Director, Viristar Risk Management

Cost: \$110 **Includes:** Instruction, all activities, written course materials, attendance verification card **Time:** 0830 – 1730

Follow-up courses available: Wilderness First Aid (two days), Wilderness Advanced First Aid (four days), Wilderness First Responder (eight days): viristar.com/wilderness-and-remote-medicine

More information: Course details available at www.viristar.com/events

To Register:

Jenn Hamblen • jennhamblen@gmail.com • 907-209-1619

