

# Foundations of Adventure Safety

## TWO-DAY IN-PERSON TRAINING FOR MANAGERS OF OUTDOOR, TRAVEL & EXPERIENTIAL PROGRAMS

The course content includes **good safety practices**, standards and theories to help programs **achieve excellence** in risk management.

Participants **develop skills** and **knowledge** essential to building and maintaining an effective safety management system for their outdoor, adventure, experiential or travel program.

### COURSE FORMAT

This 16-hour training is held in person over two days. The class features presentations, case studies, role-playing scenarios, seminar-style discussions, and one paperback textbook per person. Participants will:

- ✔ **Learn** skills for preventing and mitigating safety incidents
- ✔ **Gain** practical tools for improving safety outcomes
- ✔ **Create** a detailed action plan for safety improvements

Viristar provides instruction, textbooks and certification. The course host manages enrollment, venue arrangements and on-site logistics. Minimum number of participants is 16.

### COURSE TOPICS

- Safety Standards
- Risk Management Plans
- Emergency Response
- Legal Issues
- Safety Culture
- Systems Thinking
- Risk Assessments
- Human Factors
- And more





### **COST**

Tuition is set by course host. Host fees payable to Viristar include USD 240 per participant, plus instructor travel, lodging & meal expenses.

Large-group discounts available

### **AUDIENCE**

Directors, program coordinators, stakeholders, and current or future managers of outdoor, travel, experiential or adventure programs

### **CERTIFICATE**

Graduates receive a course completion certificate from Viristar valid for three years

### **TEXBOOK**

*Risk Management for Outdoor Programs: A Guide to Safety in Outdoor Education, Recreation and Adventure* is included

Viristar's academically rigorous training is recognized by organizations and government bodies worldwide. Participants from more than 80 countries and territories have found Viristar courses to be valuable.



*"This course is worth taking no matter the size and scope of the outdoor program."*

**Lara Ruegg**, Nature Connections Coordinator  
Young Women Empowered | Seattle, Washington, USA



*"This training is life changing."*

**Erin Pauls**, Executive Director  
First Nation School Board | Whitehorse, YT, Canada



*"Exceptionally valuable and directly applicable to my daily work. I would highly recommend this course to any outdoor professional looking to strengthen their risk management skills."*

**Anindita Chatterjee**, Field Leader  
iEXP 360 | Mumbai, India

*This course provides a solid introduction to topics covered more deeply in Viristar's 40-hour Risk Management for Outdoor Programs training.*

